

2009-2010 Virginia Elite Wrestling Club
Kindergarten - 6th Grade Schedule

Date(s)	Event	Site	Style	Comments
REVISED January 2010				
Monday, 1/4/2010	Virginia Tech vs. Appalachian State	Cassell Coliseum, Virginia Tech	Folk	Match starts at 6 PM.
1/5/2010	Practice 6:30-8:00 PM	Hawkeye Hall	Folk	
1/6/2010	Practice 6:30-7:30 PM	Hawkeye Hall	Folk	Optional practice for those training for VAC States
1/7/2010	Practice 6:30-8:00 PM	Hawkeye Hall	Folk	
1/11/2010	Practice 6:30-7:30 PM	Hawkeye Hall	Folk	Optional practice for those training for VAC States
1/12/2010	Practice 6:30-8:00 PM	Hawkeye Hall	Folk	
1/13/2010	Practice 6:30-7:30 PM	Hawkeye Hall	Folk	Optional practice for those training for VAC States
1/14/2010	Practice 6:30-8:00 PM	Hawkeye Hall	Folk	
1/16/2010	Virginia Tech vs. Univ. of North Carolina	Cassell Coliseum, Virginia Tech	Folk	Match starts at 2 PM.
Sunday, 1/17/2010	Hurricane Duals	Mebane Arts Center, Mebane, NC	Folk	See Coach Elswick for details.
Sunday, 1/17/2010	Virginia Tech vs. Garnder-Webb and UNC-Greensboro	Cassell Coliseum, Virginia Tech	Folk	Matches at 4 PM and 6 PM.
1/18/2010	Practice 6:30-7:30 PM	Hawkeye Hall	Folk	Optional practice for those training for VAC States
1/19/2010	Practice 6:30-8:00 PM	Hawkeye Hall	Folk	
1/20/2010	Practice 6:30-7:30 PM	Hawkeye Hall	Folk	Optional practice for those training for VAC States
1/21/2010	Practice 6:30-8:00 PM	Hawkeye Hall	Folk	
1/22/2010-1/24/2010	VAC State Tournament	Boo Williams Sportsplex, Hampton, VA	Folk	Not a club-sponsored event. Parents to coordinate with Coach Elswick.
1/22/2010-1/23/2010	Watch Big Blue Tournament	CHS	Folk	
1/26/2010	Practice 6:30-8:00 PM	Hawkeye Hall	Folk	
1/28/2010	Practice 6:30-8:00 PM	Hawkeye Hall	Folk	
1/29/2010	Watch CHS wrestle Grundy & VT wrestle Central Michigan	Cassell Coliseum, Virginia Tech	Folk	
Sunday, 1/31/2010	Buckhannon-Upsher Youth Tournament	Buckhannon-Upsher HS, Buckhannon, WV	Folk	See Christiansburg Wrestling website for details.

IMPORTANT NOTES:

1. Parents are responsible for their wrestler(s) at all times, including overnight stays. Coaches will provide supervision during practices, travel on the club van or bus, at weigh-ins, at restaurants during team feedings, and during tournaments. Parents must coordinate with other parents if they are sending their wrestler but cannot provide supervision on trips.
2. Wrestlers are to be dropped off for practice before practice start times and picked up within a reasonable time after practice is scheduled to end. All practices are 'closed' to everyone except coaches and wrestlers unless notified otherwise.
3. All tournament information will be posted to the Christiansburg Wrestling website at <http://www.bluedemonwrestling.com/> several days prior to each tournament. Parents are responsible for downloading and reviewing tournament information. No hardcopies will be provided by coaches.
4. The Wrestling Club will provide food and drinks for weigh-in meals and during tournament competition, however, parents are responsible for the cost of food before and after tournaments (i.e. during travel).